

# 'News from the Hill'

## Rooty Hill Public School

*Quality Education in a vibrant, caring school*

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**Term 4 Week 8**

**24th November 2015**

### From the Principal



**Teachers are busy** finalising student reports which will be forwarded to you in two weeks time. I know many staff are 'burning the midnight oil' to prepare the reports – I'm sure you will join me in thanking them for the significant number of 'unpaid hours' they devote to ensuring our information to you about your child's progress is as comprehensive as possible.

### Wednesday 2<sup>nd</sup> December

All staff members are looking forward to the opportunity to say 'Thank You' to our many parent helpers at our special morning tea next Wednesday. We work hard at Rooty Hill to make sure we provide the highest quality educational programs for your boys and girls – but your active assistance enhances everything we do!! Your support really is appreciated by staff and students alike.

### Hire a Helper Day Reminder....

Thursday, 26<sup>th</sup> November Year 6 will be hosting our annual Hire a Helper day. Year 6 students will be 'auctioned' off to the highest bidders. Helpers can; play with students at lunch time, colour in, tie shoelaces, tidy tote trays and much more! All funds raised on the day will be put towards end of year events for our graduating Year Six students. K-5 students are encouraged to bring money on the day to put towards hiring their own helper. The auction will begin at 9:20 am.

Georgia Hiatt  
Year 6 Fundraising Co-ordinator

### Cooking in 2B....

On Friday the 20th November 2B had a very exciting visitor. A carer of a student in our class was lucky enough to have two of her own recipes published in a cook book called "Foster Parents Australia".

She came into our classroom and made her famous "Meatballs and Pasta" with the class. The students really enjoyed this experience and enjoyed having the opportunity to participate in the preparation and cooking process.



### Calendar

**Hire a Helper  
Thursday**

**What's happening @  
Rooty Hill PS**

### Thurs 26th Nov

-Hire a Helper

### Fri 27th Nov

-Santa Photos

### Mon 30th Nov

-School Council  
Meeting

### Wed 2nd Dec

-Parent Helper  
M/Tea  
-Principals A/Tea

### Mon 7th Dec

-Presentation  
Assembly

### Mon 14 Dec

-Yr 6 Graduation  
and Farewell

### Wed 16th Dec

-Last day for  
students

### Focus of the Fortnight

- \* Invite others to join your activities
- \* Turn off the lights when leaving the classroom

## School Opal Card replacing Bus Passes....

Does your child currently have a bus pass? In 2016 the bus pass will be replaced by the School Opal Card. For most families you will not need to do anything as the new card will automatically be issued and sent to school at the beginning of 2016. To be eligible for a Student Opal Card you need to live a minimum distance away from the school:

1.6km from school in a straight line or have a walking distance of 2.3km (Years 3-6)

2km from school in a straight line or having a walking distance of 2.9km (Years 7-12)

There is no minimum distance for students in K-2.

If your child is moving from Year 2 into Year 3, enrolling in Kindergarten or moving from Year 6 into Year 7 then you need to complete an application form for the new School Opal Card.

This new application form must be completed online and you need an email address to complete the form.

Visit [www.transportnsw.info/school-students](http://www.transportnsw.info/school-students) to access this form.

Once you have completed the form online you need to print it out and bring it to the school for the school to endorse.

The school will then forward the form to Transport for NSW for processing.

If you need to complete a new application form for your child the website is open now and you are able to complete the form, print it out and bring it to school to be endorsed by the school.

## Coping in the heat....

At Rooty Hill we are fortunate that all learning spaces are air-conditioned and this allows children to be able to continue their learning programs in comfort when the temperatures begin to soar. Our school also has several covered areas to provide shade when children are outside. We also consider participation in outside activities when the temperature rises. Children are encouraged to bring water to school and this is allowed to be taken into their classroom to drink throughout the day. Every day of the year children are required to wear a school hat to play on the playground. On Friday, with the temperature above 40 degrees, we arranged for children to be in classrooms all day, thus eliminating the need to be outside in the heat. We also arranged for the students involved in swimming and gymnastics lessons to be transported to and from the facilities by bus. PSSA Grand Finals were also postponed because of the extreme weather conditions.

Ms Law

Deputy Principal

**Cancer Council NSW** Nutrition Snippet

### The simplest way

... to add healthy snacks to lunch boxes

Kids have little tummies and need small amounts of food often. Try these simple + healthy snack ideas in your child's lunch box:

- Plain air-popped popcorn (without salt or butter) mixed with sultanas + dried apple
- Dried fruit snack packs: buy them ready made, or make your own at home in reusable containers
- Fruit salads: buy small tubs of diced fruit in natural juice, or cut up small pieces of fruit + make your own!
- Crackers + veg: Slice up some avocado or tomato + send with some rice crackers
- Little veggie bags: cherry tomatoes, capsicum, carrot and celery sticks
- Frozen fruit bags: freeze grapes, orange quarters or strawberries + then send to school!

**Remember:** kids love small portions, so cutting up fruit + veg will help make sure they don't bring it home at the end of the day!

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

**NSW Health** Western Sydney Local Health District

**Eat It To Beat It**

## Our School Rules

**Care For Your School**  
**Care For Others**  
**Care For Yourself**

## Lost Property...

Our lost property clothing is located on the veranda of KR classroom

## Jiminy Cricket Preschool & Long Day Care Centre

**Taking Enrolments Now**  
**Catering for 2-5 year olds**

\*Experienced qualified staff  
\*School readiness program  
\*Nutritious meals provided  
\*Childcare benefit  
\*Fully accredited centre  
\*Computer learning environment

**Open till 6pm**  
**9675 2129**

**110 McFarlane Drive Minchinbury**

**Tuesday is School Banking Day**

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